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NORTHWEST ARKANSAS

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FAMILY LIFE

Sweet and Stylish Tots

Creative Kid Spaces

Family Fun at Crystal Bridges Museum

Important Things to Know from Expert Sources

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PLUS: Advice for Working Moms from Health Expert Dr. Susan Shackelford

JULY 2012
\$2.50 VALUE



KID SPACES

ROCKING IN THE NURSERY & ROLLING INTO THE TEEN YEARS

BY GLENDA GRAVES • PHOTOS BY MAURA DAWN JOHNSON

PARENTS WANT TO INSPIRE IMAGINATION AND CREATIVITY - PLUS SET THE STAGE FOR MANY FUTURE MEMORABLE MOMENTS - WHEN THEY DECORATE THEIR CHILDREN'S ROOMS. THE FOLLOWING KIDS' SPACES ARE PERFECT EXAMPLES OF PARENTS PUTTING A LITTLE PIECE OF THEIR HEART INTO PREPARING A PLACE FOR THEIR PRECIOUS ONES TO LAY THEIR SLEEPY HEADS AT NIGHT, AS WELL AS SOAR INTO THEIR IMAGINATIONS DURING THE DAY. FROM NEWBORNS TO PRE-TEENS, WE SHARE SOME OF OUR FAVORITE ROOMS FROM RIGHT HERE IN NORTHWEST ARKANSAS. NO MATTER WHAT YOUR STYLE, IF YOU ARE A PARENT-TO-BE OR READY FOR A KID SPACE REDO, YOU'LL DEFINITELY FIND STEAL-ABLE DECORATING IDEAS ON THE FOLLOWING PAGES.

WILL'S ROOM

Our photography team was lucky enough to meet baby Will and tour his nursery on the very day he was brought home from the hospital! Though he slept through most of it, there will probably be a few "Hard Day's Nights" spent in this rockin' room over the next few months! These parents are so thrilled with their bundle of joy and were truly able to share their zest for life and love of music in his modern, hip nursery. Will's father is an avid collector, and when it was time to start throwing around ideas for the room, he pulled out a treasured concert poster of Robert Earl Keen at Ryman Auditorium. The designer for the room, Cindy Lester, pulled the colors from the poster, used it as an inspiration, and began to work her magic. From the chevron rug to the iconic martini side table sitting next to the classic mid-century wingback glider from Dwell Studio, the room boasts modern, classic pieces that ground the room in a way that will take baby Will to his toddler years and beyond. The items scattered throughout the room that add pops of color and personality were all chosen for sentimental reasons, as well as for their amazing aesthetics. From the vintage Elvis album that was given to baby Will's grandfather when he was 18 years old, to the tiny red chair that was Will's grandmother's when she was a girl, this little guy already has an amazing collection of family heirlooms. Although we don't really know what his personality is yet, he is surrounded by his parents' fearless sense of style and will most likely follow in their footsteps.

PROFESSIONAL DESIGN SERVICES BY CINDY LESTER



DESIGN RESOURCES

Dwell Studio (glider, crib, changing table), online;
Etsy (custom crib sheets, origami mobile), online; **I.O. Metro** (floor lamp), Fayetteville and Rogers; **Uncommon Goods** (vinyl record album clock), online;
West Elm (rug, martini table), online;
Wilson & Wilson Folk Art (license plate guitar), Eureka Springs



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LAUREN, LILY AND JOHN GRADY'S ROOMS

Kimberly Harper, a local designer and owner of Harper Howey Interiors, recently updated the rooms of her three growing children: Lauren, who is 12, and twins Lily and John Grady, who are 7. Kimberly explains that Lauren was ready for a pre-teen room that incorporated the colors of purple and blue. Lauren is a bright, fun and creative girl, and her mother feels the room captures her spirit. Kimberly was able to showcase many of Lauren's original paintings in the room, and Kimberly herself created the chevron painting featuring her daughter's monogram, which hangs above Lauren's desk. The twin's rooms are different in that the 7-year-olds still incorporate their toys into the design of their rooms. John Grady is obsessed with Legos, and his room is filled with them. His favorite color is orange, so Kimberly was able to add that into his existing color scheme of green and brown. Quirky touches like the papier mache rhinoceros lend the room a special personality befitting an energetic boy. Little princess Lily only had two requests: a canopy over her bed and pink, pink and more pink! The glamorous silvery-gray palette that is added to Lily's favorite color of pink gives the room a classic Hollywood feel. Lily's wall showcases a photo of her and her twin brother on the beach taken by family friend Paige Arnold. All three rooms can take the children well into their college years, although Kimberly, a master designer, will probably get the re-decorating itch before then!

PROFESSIONAL DESIGN SERVICES BY KIMBERLY HARPER
HARPER HOME PHOTOS BY JOE WITTKOP

DESIGN RESOURCES

Cynthia East Fabrics (headboard, Lauren's duvet), Little Rock; **Fabric Gallery** (pillows), Springdale; **Home Interior Fabrics** (window treatments in all rooms), online; **Harper Howey Interiors** (furniture, lamps, lighting), Fayetteville; **West Elm** (Lauren's desk), online



WINSTON'S ROOM

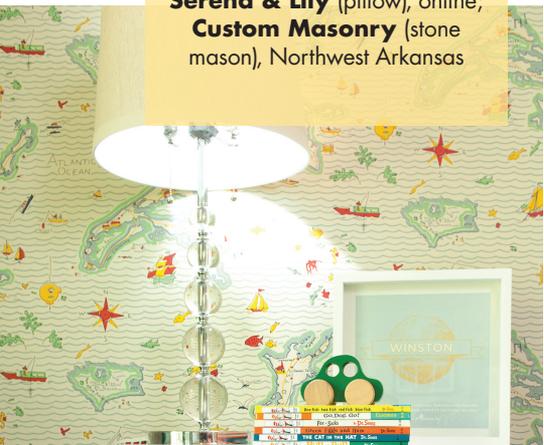
Molly and Coy Puryear of Fayetteville knew Winston was on his way when they purchased their mid-'60s home from the original owner, Albert Green, who also happened to be the architect. He built the home for his family while working with Fay Jones. Though Albert has long since retired, he designed the addition that was to become Winston's room. Winston's parents were thrilled with the fact that they were able to create a space for their precious boy without changing the style and character of the original home.

Molly and Coy are drawn to a natural, simplistic and uncluttered look, and their designer, Missi Walker, took a picture of a nursery they liked and ran with it. Because they started from scratch, they were able to add things like the floor-to-ceiling windows, which provide the room with plenty of natural light and a pleasant view. Winston's parents say the room is more than anything they could have accomplished on their own. They love the muted overall color palette of the bedding and the wallpaper, with the few pops of color added in pieces like the glider and pillow. Eleven-month-old Winston, no doubt, has many adventures ahead of him in his amazing room, with his map-like wallpaper and bold parents to guide the way!

**PROFESSIONAL DESIGN SERVICES
BY MISSI WALKER**

DESIGN RESOURCES

IB Woodworks (cabinetry), Fayetteville; **IKEA** (storage cubes), online; **Interior Fabrics & Design** (window treatments), Fayetteville; **The Land of Nod** (crib), online; **Lighting Emporium** (lighting), Springdale; **Room & Board** (glider), online; **Serena & Lily** (pillow), online; **Custom Masonry** (stone mason), Northwest Arkansas



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Northwest Arkansas Pediatric Clinic Physicians

Front Row: Dr. Orrin J. Davis, Julia Adams, APN - Nurse Practitioner, Dr. Meredith A. Denton, Dr. Laurene L. Benafield, Dr. C. David Jackson, Dr. Josephine H. Park, Dr. Meredith L. Mahan, Dr. Stacy H. Furlow, Dr. James S. Swindle, Dr. Brentley J. Silvey. Back Row: Dr. Daniel E. Rasmussen • Dr. John P. Simmons, Dr. Charles S. Ball, Dr. Joe T. Robinson, Dr. Terry S. Payton, Dr. Virginia L. McCord, Dr. Andrew M. Koehler, Dr. Sean M. Livingston and Dr. Tim W. Gear

MANA's Northwest Arkansas Pediatric Clinic is committed to providing excellent, compassionate care to children and their families. Drs. Joe T. Robinson and Terry Payton founded the Northwest Arkansas Pediatric Clinic in 1983 to provide comprehensive care for children from infancy through adolescence.

Today, Northwest Arkansas Pediatric Clinic is the largest pediatric group in the Northwest Arkansas area with 18 pediatricians and two pediatric nurse practitioners. We have a separate Wellness Clinic and Urgent Care Clinic in Fayetteville and a clinic in Lowell.

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KENNEDY'S ROOM

Kennedy Jane's room really was a labor of love for her parents, Alex and Will Hunt of Rogers. Everything in her room was handpicked, handmade or finished out by mom and dad. They are proud of the fact that they were able to complete the project on a budget, as well, though Alex does admit to a bit of a splurge on the silver crib that she had been eyeing since even before she was pregnant. The couple knew they didn't want a themed room; they just wanted something bright and girly. After the purchase of the crib and the bedding, they were able to work from those colors and pull the room together, with the zebra rug being the crowning touch to this princess' room. Alex and Will worked tirelessly together before Kennedy's arrival to make sure each detail was just right. But three weeks before Kennedy was born, the Hunts had a house fire. Luckily, after a lot of work by Clearwater Construction and a lot of cleaning by Complete Restoration, they were able to salvage basically everything in the room. Mom and Dad say 1-year-old Kennedy is a little ball of energy, like all those bright colors in her room, and that every time they walk into her room, she smiles. With that as proof, they are happy and satisfied with their job as designers for their little girl's room. ■



DESIGN RESOURCES

The Baby's Room (crib), Rogers; **Bed Bath & Beyond** (Glenna Jean bedding, mobile, night light); **Hobby Lobby** (picture frames); **Lowe's** (chandelier, drapes, storage totes); **Pier 1** (picture frames); **Sam's Furniture** (dresser), Springdale; **Will Flowers Photography** (newborn photos), Rogers; **Target** (book case); **Toys R Us** (glider)





Friday, July 20

A Night at the Races benefits Arkansas Support Network's KidsClub Program. KidsClub is a summer day camp for children with disabilities offered at no charge to families.

The evening will offer an entertaining night of video horse racing, prizes, a silent auction, cash bar, great food, and the classic rock group, Big'uns.

The evening will feature three videotaped horse races shown on a big screen. Attendees can "bet" on the pre-recorded horse races and if your horse wins, you will receive a prize!

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